

SOFITEL SPA LONDON ST JAMES MENU

MASSAGE

Signature Exhilarating Massage 60MIN

Perfect for a rapid energy boost. Enjoy a rejuvenating exfoliation 30 min, followed by an exhilarating tailor-made massage 30min to suit your needs.

£115

Balinese Massage 60/90MIN

Following a ritual from Bali, this relaxing massage combines traditional gentle stretching and smoothing techniques using Coconut Balm. Known for its healing properties with antibacterial and moisturising qualities, this massage is ideal for sensitive skin and promotes elasticity, softening and reducing the appearance of fine lines.

£115/£150

Signature Relaxing Massage 30/60/90MIN

Combining flowing and enveloping sweeping movements, this soothing treatment aids relaxation and helps overcome physical and emotional tension. Let your body and soul relax with this gentle but powerful massage.

£65/115/150

Pre / Post Natal Massage 60MIN

A tailor-made massage to invigorate your skin and soothe your muscles. Using specific massage techniques, it will improve your circulation and bring a sense of relaxation. This treatment is suitable from the 13th week of pregnancy.

£115

Hot Stone Rolling 60/90MIN

Specifically designed to overcome stress and encourage relaxation, these heated stones massage helps to release muscle tensions faster than a traditional massage.

£115/£150

Deep Pressure Massage 60/90MIN

This massage frees the body from all its tensions by working on muscles that are highly stressed and overworked. It is a full body massage designed to remove blockages, tension and fatigue.

£125/£160

FACIALS

In line with the concept of Skin Dietetics, Cinq Mondes Laboratories select the best patented botanical active ingredients from the World's pharmacopeia's and are wholeheartedly committed to effective and natural cosmetics with sensory appeal.

Fleur de Bali Radiance Facial Cinq Monde 30MIN

Peel removes unwanted layers of dull, flaky skin to leave the skin smooth and visibly clearer. Alpha and beta hydroxy acids stimulate cellular renewal and reduce the appearance of fine lines and wrinkles.

£65

Ko Bi Do Facial Cinq Monde 60MIN

Complete and specific anti-wrinkle care focused on the most fragile areas of the face (eyes, forehead and lips). Using Japanese ancestral ritual technique, Ko Bi Do is combined with reflexology for a total relaxation.

£120

Five flowers Radiance Facial Cinq Monde 60MIN

Originally from Bali, this treatment's blend of five tropical flowers moisturises and balances out the skin's microbiota and brightens the skin. Massaging the face, neck and trapezius muscles, this facial will release all the tension from everyday life.

£120

HYDRAFACIAL

Signature HydraFacial 30MIN

This treatment deeply cleanses, exfoliates, extracts, and hydrates the skin utilizing super serums filled with antioxidants, peptides, and hyaluronic acid.

£105

Deluxe HydraFacial 45MIN

An invigorating treatment that includes all of the essentials of the Signature HydraFacial while addressing your specific skin concern with a Booster of your choice. This treatment concludes with LED Light Therapy to further reduce the visible signs of ageing.

£130

Platinum HydraFacial 60MIN

The ultimate HydraFacial experience. Begin the detoxification process with Lymphatic Drainage. Then, the Signature HydraFacial deeply cleanses, exfoliates, extracts and hydrates the skin while addressing your specific skin concern with a Booster of your choice. This treatment concludes with LED Light Therapy to further reduce the visible signs of aging.

£170

Perk Eye 15MIN

The first signs of ageing appear around the eyes where skin is more prone to dryness, fine lines and wrinkles.

HydraFacial Perk Eye brightens and refreshes your outer-eye area with key ingredients like horse chestnut seed extract and arnica flower extract, leaving this delicate area toned, firmed, and hydrated.

£30

Perk Lip 15MIN

The skin on your lips is different than the rest of your body, it's more prone to dehydration. HydraFacial Perk Lip revitalizes lips with key ingredients like peppermint oil and peony extract, leaving your lips refreshed, hydrated and lightly plumped.

£30

Facial Lymphatic Drainage 15MIN

The ultimate detoxification process, improves circulation of the lymph system and helps to eliminate toxins.

£30

BODY

Creme de Rasool Wrap 60MIN

A body wrap including full body exfoliation using the traditional Moroccan recipe Crème de Rasool® mask stimulating blood circulation, tightens the pores and stretches out the skin. Perfect to combine with our traditional hammam treatment.

£130

Traditional Hammam with Savon Noir Beldi 45MIN

A traditional Moroccan hammam ritual starting with steam and followed by an exfoliation with kessa gloves and a nourishing massage with argon body oil.

£85

Aromatic Scrub 45MIN

Full body salt scrub combined with aromatic spices to slough off skin followed by body balm to leave your body feeling smooth full of lustre and energised.

£60

NAILS

Gel Colour Manicure 60MIN £65

Gel Colour Pedicure 60MIN £70

Gel Removal 30MIN £25

Pedicure & Beer 60MIN £60

Manicure & Champagne 60MIN £55

WAXING

Upper Lip / chin 15MIN £20

Underarm 15MIN £20

Half Legs 30MIN £25

Fore Arms 30MIN £25

Full Legs 45MIN £45

Full Arms 45MIN £30

Mens Back / Chest 45MIN £45

Eye Brow Shape 15MIN £20

Brazilian / Hollywood 45MIN £45

Extended Bikini 30MIN £25

Bikini 20MIN £20

Please allow sufficient time before your treatment to complete a Spa Consultation Form. We recommend you arrive up to 20-minutes in advance of your treatment so that you can change and relax prior to your treatment.

Please be advised that late arrivals will result in a reduction of treatment time. The Spa will provide towels, robes and slippers and any amenities required on request for use during your spa visit.

Late Arrival

We offer our guests a reliable treatment schedule, so please appreciate that late arrivals will not receive an extension of scheduled treatment time to avoid inconvenience to other guests and the same treatment price will apply.

Spa Facilities and Access

The following spa facilities are available: steam room, Jacuzzi, spa changing and relaxation lounge. Spa facilities are complimentary with any 90-minute or longer booking. If you have booked a shorter treatment then a charge per facility of Steam or Jacuzzi will be payable in order to enjoy them. Please note Bathing suit is required to use the facilities.

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Cancellation Policy

A full charge will be incurred for any treatment not cancelled at least 48 hours prior to your scheduled time. 4 days prior for all group bookings of 5 guests or more.

Age Requirements

Person/s must be 16 years above to use the spa facilities and 18years above for Spa treatments.

Pregnancy

Please inform us if you are expecting or nursing as we have specially designed treatments and we can recommend them for you



OPENING HOURS

Monday	10-5pm
Tuesday	10-6.30pm
Wednesday	10-6.30pm
Thursday	10-6.30pm
Friday	10-6.30pm
Saturday	10-6.30pm
Sunday	10-6.30pm