



SOFITEL LONDON ST JAMES

Location: Housed within an original listed building in the heart of St James, So SPA by Sofitel is ideally situated for business and leisure travellers wanting to unwind after a busy day or spoil themselves with a treatment or indulge in a luxury weekend.

Close to the internationally recognised landmarks of the city, such as Buckingham Palace, St James Park, the National Gallery, the West End theatres and the exclusive shops of Jermyn Street, So SPA at Sofitel London St James is in prime position for those needing access to the city. The Spa is established in the building adjacent to Sofitel London St James and is accessed through the main hotel reception.

General Manager: *Denis Dupart*

Interior Design: Sparc Studio

The 392 square meter spa, distributed over three floors, has retained the original features of the building with an elegant oak staircase, rose coloured marble walls, plaster ceilings with intricate detailed decorative mouldings and Corinthian style marble columns.

Beyond the greeting area, an impressive double height space reveals the original marble clad banking hall. A dark oak pavilion structure houses a social Tea Bar and retail boutique flooded with natural light coming from two large windows, where guests can relax after treatments while enjoying a cup of tea and a delicious French "macaron".

The spa journey begins with the sound and sight of a tranquil pool of water and a view of a small French parterre style garden, guarded by a large topiary French poodle, giving the space a very relaxing and refined ambiance. Natural colour schemes of brown, ochre and green tones reinforce this very welcoming and soothing atmosphere.

The original interior has been renovated, restored and protected so that the traditional features of the building remain and strike an interesting contrast with the contemporary spa facilities.

Featuring Sofitel's signature MyBed massage tables, the five So Well treatment rooms, including one duo room, are decorated with gold leaf lined display niches and Wenge veneered bespoke designed wall furniture.

So SPA by Sofitel also houses a private Turkish steam bath (hamam) with a central heated marble treatment bed, "rain sky" showers by Dornbracht with aromatic essence, a Kohler Sok infinity bath with chromatherapy and an Astorina bath with hydrotherapy jet in a room flooded by natural daylight.

Separated from the Tea Bar and retail boutique by decorative screens, So SPA by Sofitel features three individual manicure stations and two custom designed seats with integral foot spas for pedicure treatments.

On the mezzanine level, a deep relaxation room offers individual reclining beds to prolong the spa experience. Clients can unwind here and enjoy the selection of fine teas served in an l'haque collection tea service by Bernardaud.

Products:

For this first So SPA by Sofitel, Sofitel has chosen two highly prestigious brands from French cosmetology, Carita and Cinq Mondes.

At So SPA by Sofitel, clients can indulge in the massage techniques and specialised skincare products that are trademarks of Carita worldwide. Created by the famous "Maison de Beauté" established by the Carita sisters, Carita has a prestigious and innovative range of skincare and beauty treatments. Its expertise lies in its unique ability to combine extraordinary anti-ageing benefits with results that are immediately visible and long lasting, ensuring all skin types are treated to perfection.

Alternatively, with its wide selection of natural products, Cinq Mondes treatments respect strict eco-friendly guidelines. Every treatment provides an effective and stimulating experience. Taking its inspiration from the best health and beauty traditions around the world, Cinq Mondes offers a large selection of body and face treatments for men and women for a truly blissful sensorial journey.

So SPA by Sofitel also offers pedicure and manicure products from the brand O.P.I.

Treatments:

To enhance an individual and highly personalised experience, So SPA by Sofitel has introduced a spa butler who welcomes and guides clients through their entire spa journey. From music and fragrances to room temperature, every element of the spa experience is tailored to suit clients' individual needs.

Elegant and original music inspired by nature with classical sounds and ethnic rhythms has been specially created for So SPA by Sofitel.

Menu:

**Signature treatments
60 minutes**

So Rejuvenating facial treatment, 60 minutes - face
A luxurious blend of products combines harmoniously with the latest French skincare techniques to help restore a youthful complexion.

So Exhilarating body treatment, 60 minutes – body
A euphoric and soothing body massage using signature techniques that will shape and tone your silhouette.

**Starters
30 minutes**

Aromatic bath, 30 minutes - body
Wellbeing and relaxation in a chromatherapy bath with aromatic essential oils, chosen to meet your energy needs (relaxation, energy, balance, meditation, etc.).

Traditional Hamam with « savon noir beldi », 30 minutes
Embrace the North African tradition of purifying and cleansing the skin with olive rich black soap, then a steam and an invigorating scrub with the Kassa mitt.

**Main
60 or 90 minutes**

- Revisited Classics

Pro-lift firming rejuvenation, 90 minutes - face
The ultimate anti-ageing facial celebrated for its incredible lifting effect which is clearly visible after just one treatment.

Re-balancing jet lag pack, 60 or 90 minutes – body
Stimulate energy levels and cleanse the body after travel. Start with an invigorating body brushing to boost your circulation, reducing fatigue, followed by a massage to relieve the body of sluggishness and congestion.

In-deep relaxing massage, 60 or 90 minutes – body
A full body massage designed to deeply relax muscle tissue, improve circulation and relieve tension.

- World's Best

Youthfulness Ko Bi Do ritual, 60 or 90 minutes - face
Specific anti-wrinkle care focused on the most fragile areas of the face (eyes, forehead and lips), using Japanese ancestral ritual technique "Ko Bi Do", combined with reflexology for total relaxation.

Oriental tradition, 60 minutes - body
Enjoy a relaxing massage with warm sumptuous oils which follows an ancient tradition from North Africa.

Ayurvedic Chic , 60 or 90 minutes – body
Experience the thousand-year-old Indian ritual, where warm Ayurvedic oil is massaged into the body, relieving tension, restoring energy and improving vitality.

Desserts
30 or 60 minutes

Martini and Manicure, 30 minutes
Enjoy a Martini made the way you like it while you indulge in a well deserved and truly blissful experience for hard working hands.

Pint and Pedicure, 30 minutes
A perfect way to unwind. While your feet are being soaked in a warm basin of water, scrubbed, buffed and tended to, enjoy a pint of your favourite traditional British beer.

Specials
60 minutes

Look good breakfast, 60 minutes
Work up an appetite in our So Fit gym and then enjoy the hamam whilst we press your shirt and polish your shoes! Breakfast and newspaper of your choice will be ready to complete the So SPA morning ritual.

Express treatments
30 minutes

Express body massage, 30 minutes
Ideal to ease the tension of a busy day, this corrective massage is customised to produce optimal stress reduction in only half an hour.

Pro-lift sculpting eye treatment, 30 minutes
An express treatment to lift the eye area using the ultimate Pro-lift technology. Results are immediate and remarkable.

Menu suggestions
90 or 150 minutes

So SPA razzle dazzle experience, 150 minutes
Enjoy our two signature treatments: So Exhilarating body massage and So Rejuvenating facial treatment. Then Razzle Dazzle with our surprising Spa "mignardises": manicure or pedicure served with a smooth cocktail! A three course menu including: facial, body massage, manicure and pedicure.

Gentlemen's escape, 90 minutes
Created only for men, this spa experience is tailored to your needs. This is not about pampering but immediate results on your body and skin. You feel good and you look good. A full course menu including: scalp, face & neck massage and a deep tissue body massage.

Deluxe tasting oriental menu, 150 minutes
Enjoy a complete Hamam experience, combining the traditional Hamam, scrub with "savon noir beldi", crème de rassoul wrap and a relaxing North African massage.

Prices: They vary according to the length of the treatment.

30 minutes - £45
60 minutes - £60, £85 & £90
90 minutes - £125 & £135
150 minutes £175 & £240

Opening hours: So SPA by Sofitel is open from 8h00 to 21h00 Monday to Saturday and from 10h00 to 20h00 on Sunday.
So SPA by Sofitel is open to guests of the hotel and to non residents.

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